



# St. Martin's Anglican Church

March 12, 2023

10:00 AM

3<sup>rd</sup> Sunday in Lent

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Greeters/Sidespersons: Tom W. and Darlene W.

It is a great privilege to gather, share stories of faith and worship God on this beautiful territory, which we now know as Pickering, but which has been the site of human activity – and therefore storytelling and worship – for many thousands of years. We wish to honour the ancestral guardians of this land and its waterways: the Wendat, the Anishinabek Nation, the Haudenosaunee Confederacy, the Mississaugas of Scugog, Hiawatha and Alderville First Nations. The treaties that were signed for this particular parcel of land are collectively referred to as the Williams Treaties of 1923. Today many Indigenous peoples, including the Métis Nation, continue to call this land home and act as its stewards, and this responsibility extends to all peoples, to share and care for this land for generations to come.

Celebrant: The Rev. Shelly Pollard

Prelude: Choral-Prelude on “O Lamm Gottes, unschuldig” (BWV618)

*J.S. Bach (1685-1750)*

Sentence: Lord, you are indeed the Saviour of the world. Give us living water, that we may not thirst.

**Opening Hymn** 397 Praise the One Who Breaks the Darkness

Praise the one who breaks the darkness  
With a liberating light.

Praise the one who frees the prisoners,  
Turning blindness into sight.

Praise the one who preached the gospel,  
Healing every dread disease,  
Calming storms and feeding thousands  
With the very bread of peace.

Praise the one who blessed the children  
With a strong yet gentle word.

Praise the one who drove out demons

With a piercing two-edged sword.  
Praise the one who brings cool water  
To the desert's burning sand.  
From this well comes living water,  
Quenching thirst in every land.

Praise the one true love incarnate:  
Christ who suffered in our place.  
Jesus died and rose for many  
That we may know God by grace.  
Let us sing for joy and gladness,  
Seeing what our God has done.  
Praise the one redeeming glory,  
Praise the One who makes us one.

### **THE GATHERING OF THE COMMUNITY**

Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.

**All: And also with you.**

Celebrant: Almighty God,

**All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

**Trisagion**

**All: Holy God, holy and mighty, holy immortal one, have mercy upon us.**

**Holy God, holy and mighty, holy immortal one, have mercy upon us.**

**Holy God, holy and mighty, holy immortal one, have mercy upon us.**

## **The Collect**

Celebrant: Almighty God,  
whose Son Jesus Christ gives the water of eternal life,  
may we always thirst for you,  
the spring of life and source of goodness;  
through him who lives and reigns with you  
and the Holy Spirit,  
one God, now and for ever.

**All: Amen.**

## **THE PROCLAMATION OF THE WORD**

**First Reading Exodus 17:1-7**

Reader: Selwyn N.

A READING FROM THE BOOK OF EXODUS

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me."

The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Reader: The Word of the Lord.

**All: Thanks be to God.**

## **Psalm 95**

Choir: If today you hear his voice, harden not your hearts.

**All: If today you hear his voice, harden not your hearts.**

Choir: Come, let us sing to the Lord; let us shout for joy to the rock of our salvation. Let us come before his presence with thanksgiving and raise a loud shout to him with psalms.

**All: If today you hear his voice, harden not your hearts.**

Choir: For the Lord is a great God, and a great king above all gods. In his hand are the caverns of the earth, and the heights of the hills are his also.

**All: If today you hear his voice, harden not your hearts.**

Choir: The sea is his, for he made it, and his hands have molded the dry land. Come, let us bow down, and bend the knee, and kneel before the Lord our Maker.

**All: If today you hear his voice, harden not your hearts.**

Choir: For he is our God, and we are the people of his pasture and the sheep of his hand. Oh, that to-day you would hearken to his voice!

**All: If today you hear his voice, harden not your hearts.**

Choir: Harden not your hearts, as your forebears did in the wilderness, at Meribah, and on that day at Massah, when they tempted me. They put me to the test, though they had seen my works.

**All: If today you hear his voice, harden not your hearts.**

Choir: Forty years long I detested that generation and said, "This people are wayward in their hearts; they do not know my ways." So I swore in my wrath, "They shall not enter into my rest."

**All: If today you hear his voice, harden not your hearts.**

## **Second Reading Romans 5:1-11**

Reader: Sharon J.

### A READING FROM THE LETTER OF PAUL TO THE ROMANS

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time

Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader: The Word of the Lord.

**All: Thanks be to God.**

**Gospel Acclamation** *Please stand for the Gospel*

Choir: The Lord is full of compassion and mercy.

**Gospel Reading** **John 4:5-42**

Celebrant: The Lord be with you.

**All: And also with you.**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to St. John.

**All: Glory to you, Lord Jesus Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or

have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

Celebrant: The Gospel of Christ.  
All: Praise to you, Lord Jesus Christ.

Homily

The Rev. Shelly Pollard

**Moment of Silent Reflection**

**The Apostles' Creed**

Celebrant: Let us confess the faith of our baptism, as we say,

All: **I believe in God,  
the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

**Prayers of the People**

Intercessor: Don H.

**Confession & Absolution**

Celebrant: Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
he welcomes sinners

and invites them to his table.  
Let us confess our sins,  
confident in God's forgiveness.

### *Moment of Silence*

Celebrant: Most merciful God,  
**All: we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Celebrant: Almighty God have mercy upon you, pardon and deliver you from  
all your sins, confirm and strengthen you in all goodness, and  
keep you in eternal life; through Jesus Christ our Lord.  
**All: Amen.**

### **The Peace**

Celebrant: The peace of the Lord be always with you.  
**All: And also with you.**

### **Offertory Hymn 462-The Hidden Stream**

The hidden stream that feeds  
our daily acts of care  
springs forth in worship when Christ  
the church in song and prayer.



Lord, through our lives may others hear  
your living waters drawing near.

The stream runs clear and deep  
and tastes of heaven's skies,  
and where its ceaseless current sweep,  
flows life that never dies.

Lord, through our lives may others hear  
your living waters drawing near.

A heart of stone and dust,  
of withered hopes and dreams,  
becomes a spring of faith and trust  
by drinking from these streams.

Lord, through our lives may others hear  
your living waters drawing near.

We leave this watered place  
to work on rocky ground,  
yet even there the streams of grace  
sustain our daily round.

Lord, through our lives may others hear  
your living waters drawing near.

### **Prayer over the Gifts**

Celebrant: Spring of life and Source of goodness,  
receive all we offer you this day,  
and bring us to the living water,  
Jesus Christ, your Son our Lord.

**All: Amen.**

## **THE CELEBRATION OF THE EUCHARIST**

### **Eucharistic Prayer 5**

Celebrant: The Lord be with you.

**All: And also with you.**

Celebrant: Lift up your hearts.  
**All: We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.  
**All: It is right to give our thanks and praise.**

Celebrant: We give you thanks and praise, almighty God,  
for the gift of a world full of wonder,  
and for our life which comes from you.  
By your power you sustain the universe.  
  
You created us to love you with all our heart,  
and to love each other as ourselves,  
but we rebel against you by the evil that we do.  
  
In Jesus, your Son,  
you bring healing to our world  
and gather us into one great family.  
Therefore, with all who serve you  
on earth and in heaven,  
we praise your wonderful name, as we sing (say)

### **Sanctus**

**All: Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Celebrant: We give you thanks and praise, loving Father,  
because in sending Jesus, your Son, to us  
you showed us how much you love us.

He cares for the poor and the hungry.  
He suffers with the sick and the rejected.

Betrayed and forsaken, he did not strike back  
but overcame hatred with love.

On the cross  
he defeated the power of sin and death.  
By raising him from the dead  
you show us the power of your love  
to bring new life to all your people.

On the night before he gave up his life for us,  
Jesus, at supper with his friends,  
took bread, gave thanks to you,  
broke it, and gave it to them,  
saying, "Take this, all of you, and eat it:  
this is my body which is given for you."

After supper, Jesus took the cup of wine,  
said the blessing, gave it to his friends,  
and said, "Drink this, all of you:

this is the cup of my blood,  
the blood of the new and eternal covenant,  
which is shed for you and for many,  
so that sins may be forgiven.  
Do this in memory of me."

Gracious God,  
with this bread and wine  
we celebrate the death and resurrection of Jesus,  
and we offer ourselves to you in him.

Send your Holy Spirit on us and on these gifts,  
that we may know the presence of Jesus  
in the breaking of bread, and share in the life  
of the family of your children.

Father, you call us to be your servants;  
fill us with the courage and love of Jesus,  
that all the world may gather in joy  
at the table of your kingdom.

We sing your praise, almighty Father,  
through Jesus, our Lord,  
in the power of the Holy Spirit,  
now and for ever.

**All: Amen.**

### **The Lord's Prayer**

Celebrant: And now, as our Saviour Christ has taught us,  
we are bold to say,

**All: Our Father, who art in heaven  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory,  
for ever and ever. Amen.**

### *Moment of Silence*

### **Breaking of Bread**

*7-Lent & Holy Week*

Celebrant: We break this bread,

**All: Communion in Christ's body once broken.**

Celebrant: Let your Church be the wheat which bears its fruit in dying.

**All: If we have died with him, we shall live with him;  
if we hold firm, we shall reign with him.**

## The Communion

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### Agnus Dei

**All:** Lamb of God, you take away the sins of the world:  
have mercy on us.

Lamb of God, you take away the sins of the world:  
have mercy on us.

Lamb of God, you take away the sins of the world:  
grant us peace.

Celebrant: The gifts of God for the People of God.

**All:** Thanks be to God.

**Prayer for Spiritual Communion** *(for those who choose not to receive Communion, or are following the service online)*

Celebrant: Those wishing to do so may make their spiritual communion by joining in this prayer with me now:

**All:** My Jesus, I believe that you are in the Blessed Sacrament. I love you above all things, and I long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you, and unite myself entirely to you; never permit me to be separated from you. Amen.

### Communion Hymn 58- O Christ Was a Good Guest

O Christ was a good guest to have at the feast  
to pledge all glad lovers in mirth  
to charm water jars with God's cheerful yeast,  
leaving friends with a full wedding's worth.

O Christ was a guest at Samaria's well,  
where outcast and chosen at strife  
were offered God's drink – grace in a dry spell –  
sweet water still running deep as life.

O Christ be our guest and true host at this rite,  
and bless what you bring to our feast:  
bread broken for us, shared wine of delight,  
and the flow of love's wellspring released.

**Choir Anthem:** A Lenten Prose

*Plainsong*

### **Prayer after Communion**

Celebrant: God of our pilgrimage,  
we have found the living water.  
Refresh and sustain us  
as we go forth on our journey,  
in the name of Jesus Christ the Lord.

**All: Amen.**

### **Doxology & Blessing**

Celebrant: Glory to God,  
**All: whose power, working in us,  
can do infinitely more  
than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
For ever and ever. Amen.**

Celebrant: The peace of God which passes all understanding  
keep your hearts and minds in the knowledge  
and love of God and of his Son,  
Jesus Christ the Lord.

And the blessing of God Almighty,  
the Father, the Son and the Holy Spirit,  
remain with you and the ones you love  
now and forevermore.

**All: Amen.**

## Announcements

### Closing Hymn 442-Great God, Your Love Has Called Us Here

Great God, your love has called us here  
as we, by love, for love were made.  
Your living likeness still we bear,  
though marred, dishonoured, disobeyed.  
We come, with all our heart and mind  
your call to hear, your love to find.

We come with self-inflicted pains  
of broken trust and chosen wrong;  
half-free, half-bound by inner chains;  
by social forces swept along,  
by powers and systems close confined;  
yet seeking hope for humankind.

Great God, in Christ you call our name  
and then receive us as your own  
not through some merit, right, or claim,  
but by your gracious love alone.  
We strain to glimpse your mercy seat  
and find you kneeling at our feet.

Then take the towel, and break the bread,  
and humble us, and call us friends.  
Suffer and serve till all are fed,  
and show how grandly love intends  
to work till all creation sings,  
to fill all worlds, to crown all things.

Great God, in Christ you set us free  
your life to live, your joy to share.  
Give us your Spirit's liberty  
to turn from guilt and dull despair  
and offer all that faith can do  
while love is making all things new.

## **Dismissal**

Celebrant: Go in peace to love and serve the Lord.

**All: Thanks be to God.**

Postlude: Aus tiefer Not schrei ich zu dir *Felix Mendelssohn (1809-1847)*

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## **St. Martin's Anglican Church** The Rev. Shelly Pollard (she/her), Incumbent

Honorary Assistant: The Rev. Richard Newland  
Rector's Warden: Rob Mackay  
People's Warden: Moyah Morgan  
Deputy Wardens: Elaine Watters  
Denise Farrugia

Music Director: Edward Moroney  
Sunday School Leader: Janis Lynch  
Youth Leader: Moyah Morgan  
Office Administrator: Sharon Jones, ODT (she/her)

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